

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	469	Helsen	Michel	Rillaar	M1	MAS+40		00:13:36	18.09	03:19
2	432	Perdieus	Joeri	Langdorp	M2	SEN	ROBA	00:13:59	17.59	03:24
3	420	Van Doren	Nick	Aarschot	M3	SEN		00:14:12	17.32	03:27
4	441	Vandeuren	Timo	Tremelo	M4	SEN	ROBA	00:14:28	17	03:31
5	457	Cumps	Stan	Ramsel	M5	SEN		00:14:36	16.85	03:33
6	497	Clemens	Lars	Ham	M6	SEN	De Poempers	00:15:00	16.4	03:39
7	470	Devroye	Thomas	Nieuwrode	M7	SEN	ROBA	00:15:24	15.97	03:45
8	466	Cools	Benno	Averbode	M8	CAD	ROBA Diest	00:15:27	15.92	03:46
9	479	De Nijs	Karo	Borgerhout	V1	SEN	ROBA	00:15:31	15.85	03:47
10	458	Carlier	Jonas	Aarschot	M9	SEN		00:15:36	15.77	03:48
11	396	Beyens	Marijn	Begijnendijk	M10	SCH		00:15:37	15.75	03:48
12	478	De Nijs	Bart	Baal	M11	MAS+60	ROBA	00:15:48	15.57	03:51
13	429	Lemmens	Steve	Langdorp	M12	MAS+50	AVZK Team Sten	00:15:51	15.52	03:51
14	461	Vanwinkel	Jens	Betekom	M13	SEN	ROBA	00:15:53	15.49	03:52
15	494	Peeters	Ben	Rotselaar	M14	SEN	PHNX	00:16:01	15.36	03:54
16	485	Coomans	Seb	Baal	M15	SCH		00:16:13	15.17	03:57
17	459	Heylen	Katrijn	Rotselaar	V2	SEN		00:16:48	14.64	04:05
18	399	De Winter	Murielle	Heist o/d Berg	V3	MAS+50	Berglopers	00:16:51	14.6	04:06
19	468	Helsen	Liene	Rillaar	V4	CAD		00:17:00	14.47	04:08
20	416	Smets	Jean Marc	Heist o/d Berg	M16	MAS+55	Berglopers	00:17:21	14.18	04:13
21	446	Van den Broeck	Dorien	Begijnendijk	V5	MAS+35	Berglopers	00:18:12	13.52	04:26
22	474	Grandjean	Lou	Betekom	M17	MIN	ROBA	00:18:34	13.25	04:31
23	473	Grandjean	Bram	Betekom	M18	MAS+40	ROBA	00:18:35	13.24	04:31
24	450	Verherstraeten	Nick	Testelt	M19	MAS+40	De Dorpspomp	00:18:38	13.2	04:32
25	480	De Wever	Pol	Heist o/d Berg	M20	MIN	AVZK	00:18:40	13.18	04:33
26	490	Meers	Jeppe	Aarschot	M21	CAD	ROBA	00:18:43	13.14	04:33
27	438	Depré	Jan	Hasselt	M22	MAS+60		00:19:00	12.95	04:38
28	465	Waegemans	Joghen	Hulshout	M23	MAS+50	AC Hulshout	00:19:47	12.43	04:49
29	476	Artoos	Tina	Begijnendijk	V6	MAS+35	ROBA	00:19:55	12.35	04:51
30	495	Lebrun	Anouk	Rotselaar	V7	SEN		00:19:59	12.31	04:52
31	428	Watté	Piet	Aarschot	M24	MAS+60		00:20:02	12.28	04:53
32	434	Perdieus	Johan	Langdorp	M25	MAS+55		00:20:06	12.24	04:54
33	481	Celen	Coleta	Herselt	V8	MAS+35		00:20:16	12.14	04:56
34	435	Croes	Dave	Haacht	M26	MAS+40	ROBA	00:20:20	12.1	04:57
35	496	Sijmus	Willy	Keerbergen	M27	MAS+70		00:20:29	12.01	04:59
36	482	Sannen	Nico	Tessenderlo	M28	MAS+50		00:20:43	11.87	05:03
37	405	Guldolf	Dries	Aarschot	M29	MAS+35	Sportiva Gelrode	00:20:44	11.86	05:03
38	484	De Wever	Marcel	Heist o/d Berg	M30	BEN		00:20:48	11.83	05:04
39	430	Joos	Gerd	Langdorp	M31	MAS+45		00:20:53	11.78	05:05
40	440	Van Rompaey	Andre	Betekom	M32	MAS+70		00:20:58	11.73	05:06
41	442	Milis	Oriana	Begijnendijk	V9	CAD	ROBA	00:21:13	11.59	05:10
42	464	Janssens	Sven	Testelt	M33	MAS+35	ROBA	00:21:19	11.54	05:11
43	456	Willems	Marc	Baal	M34	MAS+55	Bowling Tremelo	00:21:29	11.45	05:14
44	397	Ceulemans	Luna	Begijnendijk	V10	MIN	ROBA	00:21:31	11.43	05:14
45	426	Vertommen	Elke	Kersbeek-Miskom	V11	MAS+45	Coyote sports team	00:21:34	11.41	05:15
46	412	Lemmens	Tess	Wezemaal	V12	MIN	ROBA	00:21:37	11.38	05:16
47	477	Verheyden	Gunther	Bekkevoort	M35	MAS+45		00:21:40	11.35	05:17
48	498	XXX	Jaron	Ardoeie	M36	MAS+35		00:21:46	11.3	05:18
49	401	Eulaerts	Eleanor	Tremelo	V13	MIN	ROBA	00:21:52	11.25	05:20
50	433	Nevelsteen	Staf	Booischoot	M37	MAS+70	Berglopers	00:22:10	11.1	05:24

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51	443	Nijs	Marc	Herentals	M38	MAS+65		00:22:19	11.02	05:26
52	448	Habets Pistache	Mario	Booischoot	M39	MAS+50	AVZK	00:22:33	10.91	05:30
53	445	Moris	Jesse	Begijnendijk	M40	MIN	Berglopers	00:22:51	10.77	05:34
54	447	Moris	Lenn	Begijnendijk	M41	BEN	AVZK	00:22:52	10.76	05:34
55	398	De Groot	Tim	Begijnendijk	M42	SEN		00:22:54	10.74	05:35
56	411	Lemmens	Liss	Wezemaal	V14	BEN	ROBA	00:22:59	10.7	05:36
57	410	Lemmens	Kenny	Wezemaal	M43	MAS+40		00:23:01	10.69	05:36
58	475	Uyttebroeck	Joke	Aarschoot	V15	MAS+40		00:23:01	10.69	05:36
59	499	XXX	Denis	Ardoorie	M44	SEN		00:23:05	10.66	05:37
60	493	Danckaerts	Joëlle	Aarschoot	V16	MAS+60	OKKE	00:23:14	10.59	05:40
61	439	Vanderhoven	Nick	Hemiksem	M45	MAS+40		00:23:18	10.56	05:40
62	488	Neefs	Sigrid	Bekkevoort	V17	MAS+40		00:23:28	10.48	05:43
63	421	Van Geit	Sarah	Aarschoot	V18	MAS+40	Sportiva Gelrode	00:23:33	10.45	05:44
64	425	Vereycken	Nico	Begijnendijk	M46	MAS+55	Sportiva Gelrode	00:23:33	10.45	05:44
65	463	Straetmans	Gilbert	Booischoot	M47	MAS+70	Berglopers	00:23:35	10.43	05:45
66	492	Op de Beeck	Lotte	Ramsel	V19	SEN		00:23:38	10.41	05:45
67	491	Goovaerts	Stella	Ramsel	V20	MAS+45	Berglopers	00:23:38	10.41	05:45
68	460	Cumps	Chris	Aarschoot	M48	MAS+70	Dorpspomp	00:23:43	10.37	05:47
69	486	Portauwe	Fleur	Bekkevoort	V21	PUP		00:23:45	10.36	05:47
70	1	Sempels	Karine	Aarschoot	V22	MAS+60	Knoet	00:23:46	10.35	05:47
71	487	Portauwe	Louise	Bekkevoort	V23	BEN		00:23:47	10.34	05:48
72	406	Gybels	Maggy	Aarschoot	V24	MAS+55	Sportiva Gelrode	00:23:54	10.29	05:49
73	431	Potemans	Roger	Gelrode	M49	MAS+70	Sportiva Gelrode	00:24:26	10.07	05:57
74	449	Tuerlinckx	Tamara	Aarschoot	V25	MAS+40		00:25:16	9.74	06:09
75	471	Damen	Ester	Aarschoot	V26	SEN		00:25:17	9.73	06:10
76	472	Vanhove	Jelle	Tienen	M50	SEN	JTT	00:25:17	9.73	06:10
77	483	Reynders	Natacha	Meldert	V27	MAS+35		00:25:20	9.71	06:10
78	467	Van Opstal	Karel	Ramsel	M51	MAS+75	Berglopers	00:25:33	9.63	06:13
79	436	Wolfs	An	Haacht	V28	MAS+45	ROBA	00:25:35	9.62	06:14
80	500	Spaepen	Jozef	Diest	M52	MAS+65		00:25:36	9.61	06:14
81	419	Van der Roost	Paulien	Schriek	V29	BEN		00:25:38	9.6	06:15
82	418	Van der Roost	Mil	Schriek	M53	KAN		00:25:39	9.59	06:15
83	422	Van Lier	Caroline	Schriek	V30	MAS+35		00:25:46	9.55	06:17
84	455	Rombaux	Eddy	Rillaar	M54	MAS+55	Sportiva Gelrode	00:25:48	9.53	06:17
85	424	Vandenbrande	Lynn	Aarschoot	V31	SEN		00:25:53	9.5	06:18
86	437	Eijckmans	Eric	Laakdal	M55	MAS+60		00:25:58	9.47	06:20
87	423	Van Lier	Stefan	Tremelo	M56	MAS+65		00:26:08	9.41	06:22
88	427	Wambacq	Patrick	Aarschoot	M57	MAS+65	Sportiva Gelrode	00:26:13	9.38	06:23
89	400	Derdeyn	Krista	Aarschoot	V32	MAS+65	Sportiva Gelrode	00:26:13	9.38	06:23
90	489	Scheunis	Samuel	Langdorp	M58	MAS+60		00:26:14	9.38	06:23
91	451	Gijsemans	Michel	Heist op den Berg	M59	MAS+65	Dorpspomp	00:26:19	9.35	06:25
92	444	Barbé	Barbara	Nieuwrode	V33	MAS+40		00:26:21	9.34	06:25
93	452	Rombaux	Siebe	Rillaar	M60	SEN	ROBA	00:26:26	9.31	06:26
94	453	De Rycke	Izza-Lena	Lier	V34	SEN		00:26:27	9.3	06:27
95	415	Op de Beeck	Suzy	Tremelo	V35	MAS+55	Berglopers	00:26:40	9.23	06:30
96	417	Tuerlinckx	Jean-Luc	Scherpenheuvel	M61	MAS+65	Kapsalon Luc	00:27:19	9.01	06:39
97	462	Laeremans	Rene	Aarschoot	M62	MAS+65		00:27:35	8.92	06:43
98	409	Jaspers	Drina	Aarschoot	V36	MAS+65	Sportiva Gelrode	00:28:30	8.63	06:57
99	407	Hölscher	Anita	Rumst	V37	MAS+65	Berglopers	00:29:24	8.37	07:10
100	2	Van Gompel	Daan	Langdorp	M63	PUP		00:31:09	7.9	07:35

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101	414	Malliet	Katrien	Aarschot	V38	MAS+55	Knoet	00:32:21	7.6	07:53
102	403	Gielis	Ellen	Westerlo	V39	MAS+45	Berglopers	00:32:24	7.59	07:54