

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	896	Viskens	Jasper	Hallaar	M1	MAS+35	Race and Raise	00:24:40	17.76	03:22
2	872	Van der Sande	Giel	Ramsel	M2	SEN	DRT	00:24:52	17.61	03:24
3	891	Huybrechts	Jurgen	Putte	M3	MAS+45		00:25:13	17.37	03:27
4	890	Gysemans	Dave	Wiekevorst	M4	MAS+40	Team Wikkeveust	00:25:19	17.3	03:28
5	915	De Kerpel	Kevin	Heist-Goor	M5	MAS+35		00:26:04	16.8	03:34
6	929	Wouters	Chriske	Diest	M6	MAS+50	SQM Running Team	00:26:16	16.68	03:35
7	897	Jacobs	Pim	Heist o/d Berg	M7	MAS+35	Race & Raise	00:26:28	16.55	03:37
8	898	Van Der Hoeven	Guy	Schriek	M8	MAS+45		00:28:19	15.47	03:52
9	883	Mangelschots	Filip	Westerlo	M9	MAS+35		00:28:32	15.35	03:54
10	876	Vissers	Sven	Eindhout	M10	SEN	Looise AV	00:28:47	15.22	03:56
11	921	Van Houdt	Miel	Wiekevorst	M11	SEN		00:29:09	15.03	03:59
12	1072	Meesens	Stijn	Tongerlo	M12	MAS+50	Team Wikkeveust	00:29:36	14.8	04:03
13	887	Heylen	Neel	Wiekevorst	M13	SEN		00:29:56	14.63	04:06
14	906	Raets	Marc	Herenthout	M14	MAS+65		00:30:17	14.46	04:08
15	913	Meuris	Nele	Wiekevorst	V1	MAS+35	Team Wikkeveust	00:30:23	14.42	04:09
16	861	Smets	Jean Marc	Hallaar	M15	MAS+55	Berglopers	00:31:26	13.93	04:18
17	914	Stremersch	Danny	Herselt	M16	MAS+60	Herenthout	00:32:02	13.67	04:23
18	918	Raeymaekers	Ronald	Hulshout	M17	MAS+55	AC Hulshout	00:32:08	13.63	04:24
19	899	Tops	Gerwin	Westerlo	M18	MAS+40		00:32:17	13.57	04:25
20	920	Laeremans	Tom	Herselt	M19	MAS+50		00:32:18	13.56	04:25
21	886	Laureys	Tom	Aarschot	M20	MAS+45		00:32:30	13.48	04:27
22	904	Vanden Bosch	Rudy	Holsbeek	M21	MAS+60	Kapsalon Luc	00:32:37	13.43	04:28
23	870	Schellekens	Dirk	Vlimmeren	M22	MAS+60		00:33:05	13.24	04:31
24	905	Heylen	Guy	Bouwel	M23	MAS+60		00:33:08	13.22	04:32
25	866	Geens	Flor	Berlaar	M24	CAD	AV Lyra Lierse	00:33:27	13.09	04:34
26	909	Douchy	Vincent	Heist o/d Berg	M25	MAS+40		00:34:09	12.83	04:40
27	871	Van den Acker	Paul	Heist o/d Berg	M26	MAS+60	AVZK	00:34:33	12.68	04:43
28	907	Goris	Marc	Vosselaar	M27	MAS+55	LGB	00:34:48	12.59	04:46
29	917	Verbeeck	Daan	Heist o/d Berg	M28	SEN	Physiospirit	00:34:51	12.57	04:46
30	882	Van Rompaey	Nils	As	M29	JUN		00:34:55	12.54	04:46
31	877	Van Santvoort	Theo	Westerlo	M30	MAS+50	De Dorpspomp	00:35:23	12.38	04:50
32	908	Van Dyck	Michel	Heist o/d Berg	M31	MAS+60	Berglopers	00:35:48	12.23	04:54
33	873	Veltmans	Roel	Schriek	M32	MAS+35	KSV Schriek	00:36:05	12.14	04:56
34	910	Weyns	Leo	Heist o/d Berg	M33	MAS+70		00:36:10	12.11	04:57
35	859	Nevelsteen	Staf	Booischoot	M34	MAS+70	Berglopers	00:36:18	12.07	04:58
36	857	Kusseneers	Luc	Rumst	M35	MAS+65	Berglopers	00:36:22	12.04	04:58
37	919	Van den Bruel	Tim	Hallaar	M36	MAS+40		00:36:34	11.98	05:00
38	12	Saenen	Johan	Heist o/d Berg	M37	MAS+55	Berglopers	00:36:40	11.95	05:01
39	916	Vervoort	Jamine	Herentals	V2	SEN		00:36:43	11.93	05:01
40	860	Schroeven	Kelly	Schriek	V3	SEN	Berglopers	00:36:46	11.91	05:02
41	858	Naets	Ivo	Itegem	M38	MAS+60	Berglopers	00:37:13	11.77	05:05
42	901	Wijns	Bruno	Betekom	M39	MAS+75		00:37:14	11.76	05:06
43	863	De Vries	Rita	Schriek	V4	MAS+65	ROBA Resistance	00:37:35	11.65	05:08
44	903	Verhoeven	Wim	Booischoot	M40	MAS+55		00:37:58	11.54	05:12
45	930	Delestinne	Steven	Witsele	M41	MAS+35	VK Tremelo	00:38:05	11.5	05:13
46	894	Van den Heuvel	Nathalie	Herenthout	V5	MAS+35		00:38:12	11.47	05:13
47	893	Van den Heuvel	Dirk	Herenthout	M42	MAS+60		00:38:14	11.46	05:14
48	878	Fastenaekels	Leslee	Westerlo	V6	MAS+40	De Dorpspomp	00:39:16	11.15	05:22
49	902	Willems	Marc	Baal	M43	MAS+55	Bowling Center Tremelo	00:39:32	11.08	05:24
50	880	Saliën	Dieter	Hallaar	M44	MAS+40		00:39:41	11.04	05:26

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51	856	De Cock	Luc	Booischoot	M45	MAS+60	Berglopers	00:39:55	10.97	05:28
52	912	Rijnders	Birgit	Berlaar	V7	SEN		00:40:12	10.9	05:30
53	855	Cleynhens	Karine	Tremelo	V8	MAS+55	Berglopers	00:40:32	10.81	05:33
54	911	Serverius	Kit	Kessel Lo	V9	SEN		00:41:01	10.68	05:37
55	926	Adriaenssen	Robin	Bouwel	M46	SEN		00:41:06	10.66	05:37
56	923	Van Dessel	Michiel	Wiekevorst	M47	MAS+35		00:41:08	10.65	05:38
57	885	Krause	Joke	Aarschoot	V10	MAS+45		00:41:09	10.64	05:38
58	931	De Clercq	Kevin	Binkom	M48	MAS+35	Dustin	00:41:33	10.54	05:41
59	879	Van Rompaey	Sam	Wiekevorst	M49	MAS+40		00:41:52	10.46	05:44
60	928	Donckers	Seppe	Herselt	M50	SEN		00:43:44	10.02	05:59
61	927	Moons	Elien	Herselt	V11	SEN	Westfit	00:43:46	10.01	05:59
62	862	De Keyser	Kevin	Aarschoot	M51	SEN		00:43:49	10	06:00
63	884	Verherstraeten	Raf	Herselt	M52	MAS+60	De Dorpspomp	00:44:37	9.82	06:06
64	892	De Decker	Nele	Putte	V12	SEN	Fun2Run	00:44:51	9.77	06:08
65	869	Roothoof	Kato	Lier	V13	SEN		00:44:56	9.75	06:09
66	867	Lens	Charlotte	Beerzel	V14	SEN		00:44:57	9.74	06:09
67	868	Roothoof	Karlijn	Beerzel	V15	SEN		00:44:58	9.74	06:09
68	864	De Winter	Britt	Heist o/d Berg	V16	SEN		00:45:29	9.63	06:13
69	925	Molenberghs	Erik	Mol	M53	MAS+60	Heppense joggers	00:45:35	9.61	06:14
70	881	D'Hooge	Jurgen	Itegem	M54	MAS+50		00:46:10	9.49	06:19
71	1070	Warzée	Gwen	Heist o/d Berg	V17	CAD		00:46:34	9.41	06:22
72	889	Camps	Tatjana	Wiekevorst	V18	SEN		00:47:02	9.31	06:26
73	888	Dieltjens	Justine	Herenthout	V19	SEN		00:47:03	9.31	06:26
74	900	Gijsemans	Michel	Heist op den...	M55	MAS+65	Dorpspomp	00:47:37	9.2	06:31
75	865	Fritz	Larissa	Vosselaar	V20	SEN	Physiospirit kinesither...	00:51:05	8.57	06:59
76	922	De Geest	Tine	Booischoot	V21	SEN	physiospirit kinesither...	00:53:08	8.24	07:16
77	924	Verbinnen	Maxime	Mechelen	M56	SEN		00:53:09	8.24	07:16