

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	847	Bellekens	Jonas	Wiekevorst	M1	MAS+40	AVLL	00:34:27	17.76	03:22
2	723	De Preter	Niels	Heist o/d B...	M2	SEN	AVZK	00:34:41	17.65	03:24
3	890	De Kerpel	Kevin		M3	MAS+35	ROBA	00:35:30	17.24	03:28
4	735	Gyseman	Dave	Wiekevorst	M4	MAS+40	Team Wikkeveust	00:36:10	16.92	03:32
5	910	Robben	Simon	Leuven	M5	SEN		00:36:19	16.85	03:33
6	865	Coremans	Tibo	Langdorp	M6	SEN	AVZK	00:36:21	16.84	03:33
7	892	Laureys	Kenneth	Morkhoven	M7	SEN	DRT De Dorpspomp	00:36:57	16.56	03:37
8	817	Verschoren	Senne	Heist o/d B...	M8	SEN	Berglopers	00:38:14	16.01	03:44
9	905	Paglalunga	Mattias	Aarschot	M9	MAS+40	ROBA	00:38:24	15.94	03:45
10	716	Claes	Olivier	Heist o/d B...	M10	SEN		00:38:29	15.9	03:46
11	928	Vermeulen	Rik	Lier	M11	SEN	Bevel	00:38:37	15.85	03:47
12	869	Avonds	Emil	Heist o/d B...	M12	MIN	WTC De Livin	00:38:43	15.81	03:47
13	795	Van Hese	Charlotte	Lier	V1	SEN	AV Lyra-Lierse	00:38:52	15.75	03:48
14	846	Van Bael	Tim	Hallaar	M13	MAS+35		00:39:00	15.69	03:49
15	808	Verschaeren	Geert	Heist o/d B...	M14	MAS+45	AVZK	00:39:21	15.55	03:51
16	844	Thijs	Filip	Lier	M15	MAS+50	AVLL	00:39:22	15.55	03:51
17	750	Meuris	Nele	Wiekevorst	V2	MAS+35	Team Wikkeveust	00:39:25	15.53	03:51
18	837	Laenen	Glenn	Nijlen	M16	MAS+40	AVLL	00:39:28	15.51	03:52
19	900	Jacobs	Pim	Heist o/d B...	M17	MAS+35	Race & Raise	00:39:36	15.45	03:52
20	721	De Cuyper	Tibo	Grasheide	M18	SEN	HZA	00:40:17	15.19	03:56
21	891	Wauters	Matthias	Booischot	M19	MAS+35	AC HULS	00:40:19	15.18	03:57
22	923	Candries	Karsten	Kontich	M20	SEN		00:40:27	15.13	03:57
23	805	Verbruggen	Matthias	Heist o/d B...	M21	SEN	KFCM Hallaar	00:40:34	15.09	03:58
24	827	Brants	Philippe	Putte	M22	MAS+45	Geshaalopers	00:40:43	15.03	03:59
25	901	Goyvaerts	Mario	Heist o/d B...	M23	MAS+35	Heistse berggeiten	00:41:15	14.84	04:02
26	807	Verhaert	Kris	Heist o/d B...	M24	MAS+45	Team Wikkeveust	00:41:26	14.77	04:03
27	895	Delen	Geert	Putte	M25	MAS+50	Dijlesleffers	00:41:36	14.71	04:04
28	819	Witters	Jesse	Heist o/d B...	M26	SEN	Berglopers	00:41:48	14.64	04:05
29	794	Van Doren	Jonas	Heist o/d B...	M27	SEN		00:42:25	14.43	04:09
30	818	Witters	Brent	Heist o/d B...	M28	SEN	Berglopers	00:42:31	14.39	04:10
31	848	Fannes	Karel	Schriek	M29	MAS+35	Domo	00:42:36	14.37	04:10
32	916	Verstrepen	Tim	Langdorp	M30	MAS+45		00:42:40	14.34	04:10
33	887	Wouters	José	Kessel Lo	M31	SEN		00:42:44	14.32	04:11
34	803	Verbeeck	Thomas	Heist o/d B...	M32	SEN		00:42:45	14.32	04:11
35	859	Verbist	Evert	Bonheiden	M33	MAS+40	JT Peulis	00:42:54	14.27	04:12
36	715	Claes	An	Westerlo	V3	MAS+40	AV Lyra-Lierse	00:42:57	14.25	04:12
37	744	Lieckens	Bart	Westerlo	M34	MAS+45	AV Lyra-Lierse	00:42:58	14.24	04:12
38	866	Van Der Hoeven	Guy	Schriek	M35	MAS+45		00:43:06	14.2	04:13
39	753	Moens	Luc	Mechelen	M36	MAS+60		00:43:08	14.19	04:13
40	843	Sleeckx	Gijsbrecht	Heist o/d B...	M37	MAS+45	AVZK	00:43:21	14.12	04:15
41	747	Meesens	Stijn	Tongerlo	M38	MAS+50	BAC Heist-op-den-Berg	00:43:28	14.08	04:15
42	894	De Bakker	Kamiel	Hallaar	M39	SCH	HC Heist	00:43:38	14.03	04:16
43	758	Lembrechts	Vincent	Meerhout	M40	SEN		00:43:42	14	04:17
44	924	Vetters	Steven	Hallaar	M41	MAS+40		00:43:58	13.92	04:18
45	935	De Bie	Yelle	Grobbendonk	M42	SEN		00:44:16	13.83	04:20
46	835	Van Der Auwera	Cas	Heist o/d B...	M43	CAD	KSK Heist	00:44:29	13.76	04:21
47	881	Henderix	Kris	Testelt	M44	MAS+50	Weefbergrunners	00:44:46	13.67	04:23
48	822	Vervoort	Bjorn	Hallaar	M45	SEN	Heistse TC	00:44:53	13.64	04:24
49	898	De Roover	Torsten	Heist o/d B...	M46	MAS+35	Heistse berggeiten	00:45:07	13.56	04:25
50	845	Peeters	Karen	Schriek	V4	MAS+55	BONH	00:45:22	13.49	04:26

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	870	Raets	Marc	Herenthout	M47	MAS+65		00:45:48	13.36	04:29
52	743	Lenders	Frans	Itegem	M48	MAS+60		00:45:52	13.34	04:29
53	868	Helsen	Ward	Heist o/d B...	M49	CAD		00:46:08	13.27	04:31
54	903	Matthys	Tom	Heist o/d B...	M50	SEN		00:46:13	13.24	04:31
55	911	Gorris	Toon	Heist o/d B...	M51	MAS+35		00:46:19	13.21	04:32
56	849	Dillen	Geert	Herenthout	M52	MAS+55	Herenthoutse AC	00:46:27	13.18	04:33
57	883	De Crom	Tom	Lier	M53	MAS+50	AV Lyra Lierse	00:46:57	13.04	04:36
58	893	Debakker	Artuur	Hallaar	M54	CAD	KFCM Hallaar	00:47:14	12.96	04:37
59	720	De Cock	Laura	Hallaar	V5	SEN		00:47:19	12.93	04:38
60	732	Foubert	Leslie	Pijpelheide	V6	MAS+45		00:47:32	12.88	04:39
61	912	Vervoort	Stef	Wiekevorst	M55	SEN		00:47:34	12.87	04:39
62	730	Douchy	Matisse	Hallaar	M56	SCH		00:47:45	12.82	04:40
63	731	Douchy	Vincent	Heist o/d B...	M57	MAS+40		00:47:46	12.81	04:40
64	788	Van As	Jarnick	Heist o/d B...	M58	SEN		00:48:01	12.75	04:42
65	707	Bernaerts	Joris	Heist o/d B...	M59	MAS+50		00:48:09	12.71	04:43
66	899	Van Hoof	Jan	Hallaar	M60	MAS+35	Heistse berggeiten	00:48:14	12.69	04:43
67	791	Van Den Eede	Vincent	Herselt	M61	SEN		00:48:18	12.67	04:44
68	878	Wils	Bob	Olmen	M62	MAS+55		00:48:26	12.64	04:44
69	867	De Preter	Stefan	Heist o/d B...	M63	MAS+50		00:48:40	12.58	04:46
70	851	De Herdt	Robin	Heist o/d B...	M64	SEN		00:48:46	12.55	04:46
71	906	Serneels	Ruben	Hulshout	M65	MAS+35	triathlon Ramsel	00:48:54	12.52	04:47
72	907	De Wever	Stef	Heist o/d B...	M66	MAS+45	RTT	00:48:54	12.52	04:47
73	913	Van Eynde	Lies	Heist o/d B...	V7	MAS+40		00:49:05	12.47	04:48
74	799	Vanbesien	Stefan	Itegem	M67	MAS+50		00:49:11	12.44	04:49
75	871	Heylen	Guy	Bouwel	M68	MAS+60		00:49:16	12.42	04:49
76	904	Lambrechts	Ludwig	Beerzel	M69	MAS+65	Kempisch Triatlon Team	00:49:20	12.41	04:50
77	712	Buts	Hans	Heist o/d B...	M70	MAS+35	BAC Heist-op-den-Berg	00:49:24	12.39	04:50
78	718	Daelemans	Karel	Mechelen	M71	MAS+40		00:49:26	12.38	04:50
79	725	De Winter	Yeeke	Mechelen	V8	SEN		00:49:28	12.37	04:50
80	706	Bellekens	Wouter	Heist o/d B...	M72	MAS+35	De bende van de gespie...	00:49:35	12.34	04:51
81	711	Broes	Nils	Bevel	M73	SEN		00:49:45	12.3	04:52
82	826	Bijttebier	Sarah	Putte	V9	MAS+40	Geshaalopers	00:50:03	12.23	04:54
83	858	Van den Vonder	Greet	Berlaar	V10	MAS+60		00:50:09	12.2	04:55
84	934	Avonds	Vince	Heist o/d B...	M74	SEN		00:50:25	12.14	04:56
85	810	Wagemans	Karim	Mechelen	M75	MAS+35		00:50:26	12.13	04:56
86	709	Bosmans	Bart	Heist o/d B...	M76	MAS+40		00:50:47	12.05	04:58
87	882	Van Belle	Patrick	Putte	M77	MAS+65	Jog. Team Peulis	00:50:51	12.04	04:59
88	734	Gorris	Jochem	Itegem	M78	SEN		00:51:16	11.94	05:01
89	874	Beyers	Erik	Morkhoven	M79	MAS+60		00:51:18	11.93	05:01
90	919	Mariën	Tom	Berlaar	M80	SEN		00:51:41	11.84	05:04
91	745	Liekens	Stefan	Laakdal	M81	MAS+50		00:51:56	11.78	05:05
92	925	Calders	Rudy	Aarschot	M82	MAS+60		00:52:15	11.71	05:07
93	719	Danis	Hanne		V11	SEN		00:52:29	11.66	05:08
94	862	Verstraeten	Ferre	Heist o/d B...	M83	CAD	KFCM Hallaar	00:52:31	11.65	05:08
95	710	Bosmans	Senne		M84	CAD		00:52:33	11.65	05:09
96	151	Van Aelst	Linde	Heist o/d B...	V12	SEN	Berglopers	00:52:37	11.63	05:09
97	823	Cuypers	Sara	Heist o/d B...	V13	SEN	Heilige Familie	00:52:50	11.58	05:10
98	834	Willems	Bart	Putte	M85	MAS+55	Geshaalopers	00:52:52	11.58	05:10
99	717	Costermans	Arno	Holsbeek	M86	SEN		00:52:58	11.55	05:11
100	756	Naets	Nick	Itegem	M87	MAS+40		00:53:03	11.54	05:12

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	897	Rigouts	Vincent	Morkhoven	M88	MAS+40	TBK	00:53:05	11.53	05:12
102	855	Ahmadzadeh	Kassra	Heist o/d B...	M89	SEN	NIA	00:53:06	11.53	05:12
103	856	Hoefkens	Cedric	Borgerhout	M90	SEN	NIA	00:53:07	11.52	05:12
104	854	Pauwels	Thibault	Antwerpen	M91	SEN	NIA	00:53:08	11.52	05:12
105	857	Vanwinsen	Vincent	Antwerpen	M92	SEN	NIA	00:53:11	11.51	05:12
106	929	Torfs	Stijn	Gelrode	M93	MAS+40		00:53:15	11.49	05:13
107	762	Schotsmans	Eline	Heist o/d B...	V14	SEN		00:53:19	11.48	05:13
108	759	Peeters	Seppe	Heist o/d B...	M94	MAS+35		00:53:21	11.47	05:13
109	761	Salvo	Davy	Heist o/d B...	M95	MAS+45		00:53:21	11.47	05:13
110	926	Geens	Bart	Ramsel	M96	MAS+60	Knoet	00:53:30	11.44	05:14
111	809	Wade	Mark	Heist o/d B...	M97	MAS+50		00:53:52	11.36	05:16
112	757	Op de beeck	Joran	Itegem	V15	SEN		00:54:09	11.3	05:18
113	860	Verschueren	Stan	Heist o/d B...	M98	MIN	KFCM Hallaar	00:54:14	11.28	05:19
114	708	Boone	Jorden	Heist o/d B...	M99	SEN		00:54:16	11.28	05:19
115	746	Luyten	Nadia	Nijlen	V16	MAS+40		00:54:21	11.26	05:19
116	861	Verschueren	Flor	Hallaar	M100	CAD	KFCM Hallaar	00:54:25	11.25	05:20
117	915	Leys	Joeri	Booischoot	M101	MAS+50		00:54:28	11.24	05:20
118	885	Ceulemans	Senne	Booischoot	M102	MAS+35	AC Hulshout	00:54:32	11.22	05:20
119	820	Hollanders	Inez	Hallaar	V17	SEN	Heistse TC	00:54:41	11.19	05:21
120	736	Hendrickx	Christof	Putte	M103	MAS+45		00:54:53	11.15	05:22
121	814	Kusseneers	Luc	Rumst	M104	MAS+65	Berglopers	00:55:13	11.08	05:24
122	872	Van den Heuvel	Nathalie	Herenthout	V18	MAS+35		00:55:17	11.07	05:25
123	873	Van den Heuvel	Dirk	Herenthout	M105	MAS+60		00:55:18	11.07	05:25
124	914	Bellekens	Floor	Heist o/d B...	V19	PUP		00:55:23	11.05	05:25
125	829	Jacobs	Dirk	Putte	M106	MAS+60	Geshaalopers	00:55:25	11.04	05:25
126	751	Michiels	Dirk	Maaseik	M107	MAS+55		00:55:28	11.03	05:26
127	752	Michiels	Nele	As	V20	SEN		00:55:30	11.03	05:26
128	741	Keersmaekers	Marc	Heist o/d B...	M108	MAS+70		00:55:32	11.02	05:26
129	787	Thielemans	Ivo		M109	MAS+65		00:55:38	11	05:27
130	839	Broos	Giel	Ramsel	M110	SEN		00:55:44	10.98	05:27
131	931	Vekemans	Ellen	Booischoot	V21	MAS+45	AVZK	00:56:00	10.93	05:29
132	842	De Beukelaer	Stijn	Hallaar	M111	MAS+35		00:56:09	10.9	05:30
133	798	Van Rompaey	Simon	Heist o/d B...	M112	SCH		00:56:13	10.89	05:30
134	815	Nevelsteen	Staf	Booischoot	M113	MAS+70	Berglopers	00:56:16	10.88	05:30
135	828	Goossens	Maite	Putte	V22	MAS+45	Geshaalopers	00:56:18	10.87	05:31
136	797	Van Rompaey	Dave	Heist o/d B...	M114	MAS+45		00:56:20	10.86	05:31
137	727	Defoort	Mathias	Lier	M115	MAS+45		00:56:25	10.85	05:31
138	864	Rogiers	Nathalie	Heist o/d B...	V23	MAS+35		00:56:31	10.83	05:32
139	933	Avonds	Kobe	Herentals	M116	SEN		00:56:46	10.78	05:33
140	936	Salien	Dario	Heist o/d B...	M117	SEN	KSK Heist	00:56:48	10.77	05:34
141	863	Pellegroms	Peter	Lier	M118	MAS+45		00:57:03	10.73	05:35
142	793	Van Dessel	Brontë	Mechelen	V24	SEN		00:57:11	10.7	05:36
143	875	Cnops	Yannick	Morkhoven	M119	MAS+35		00:57:21	10.67	05:37
144	876	Bergé	Benny	Heist o/d B...	M120	MAS+60		00:57:30	10.64	05:38
145	824	Serneels	Bjarne	Begijnendijk	M121	SEN	Heilige Familie	00:57:32	10.64	05:38
146	833	Van Vlasselaer	Erik	Putte	M122	MAS+50	Geshaalopers	00:57:35	10.63	05:38
147	880	Claes	Marthe	Wiekevorst	V25	CAD		00:57:42	10.61	05:39
148	879	Claes	Geert	Wiekevorst	M123	MAS+40	Berglopers	00:57:44	10.6	05:39
149	821	Peeters	Jesse	Booischoot	M124	SEN	Heistse TC	00:57:47	10.59	05:39
150	841	Broos	Finn	Herselt	V26	SCH		00:57:58	10.56	05:40

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
151	801	Venstermans	Chris	Mechelen	M125	MAS+60	RAM	00:58:15	10.51	05:42
152	804	Verbeeck	Yana	Nijlen	V27	SCH		00:58:16	10.5	05:42
153	802	Verbeeck	Nicky	Nijlen	M126	MAS+45		00:58:18	10.5	05:42
154	886	Verstraete	Peter	Grathem (NL)	M127	MAS+55		00:58:29	10.46	05:44
155	800	Vandenbroeck	Nicholas	Begijnendijk	M128	MAS+35		00:58:53	10.39	05:46
156	785	Tafur Logreira	Manuela A...	Mechelen	V28	SEN		00:59:24	10.3	05:49
157	896	Hermans	Lou	Booischtot	M129	CAD	KECM	00:59:36	10.27	05:50
158	918	Van Thielen	Els	Hallaar	V29	MAS+35		00:59:44	10.25	05:51
159	917	Van den Bruel	Tim	Hallaar	M130	MAS+40		00:59:45	10.24	05:51
160	830	Schoovaerts	Karin	Putte	V30	MAS+60	Geshaalopers	01:00:09	10.17	05:53
161	850	Rombaux	Eddy	Rillaar	M131	MAS+55	Sportiva Gelrode	01:00:22	10.14	05:55
162	908	Buts	Annick	Heist o/d B...	V31	MAS+35	social running club	01:00:28	10.12	05:55
163	902	Mols	Silke	Heist o/d B...	V32	MAS+35	Heistse berggeiten	01:00:39	10.09	05:56
164	836	Bluys	Gunther	Herenthout	M132	SEN		01:00:40	10.09	05:56
165	853	Vercammen	Joeri	Noorderwijk	M133	MAS+50	CWVC	01:00:48	10.07	05:57
166	852	Meuris	Joeri	Westerlo	M134	MAS+45	CWVC	01:00:49	10.06	05:57
167	927	Liekens	Jules	Laakdal	M135	JUN	Chrio Klein-Vorst	01:01:00	10.03	05:58
168	722	De Haes	Gitte	Leuven	V33	SEN		01:01:01	10.03	05:58
169	737	Hendrickx	Hanne	Heist o/d B...	V34	SEN		01:01:06	10.02	05:59
170	840	Martens	Joke	Ramsel	V35	MAS+40		01:01:12	10	06:00
171	713	Cabuy	Paula	Geel	V36	MAS+60		01:02:09	9.85	06:05
172	909	Buts	Marc	Itegem	M136	MAS+60		01:02:11	9.84	06:05
173	884	Decleyn	Quinten	Heist o/d B...	M137	MAS+35		01:02:36	9.78	06:08
174	838	Mellaerts	Eddy	Keerbergen	M138	MAS+55		01:02:46	9.75	06:09
175	888	Bloemmen	Ulrike	Grathem (NL)	V37	MAS+45		01:02:49	9.74	06:09
176	714	Celis	Paul	Nijlen	M139	MAS+70	Nijlense A.V.	01:02:54	9.73	06:10
177	755	Moors	Isis	Berlaar	V38	SEN	AV Lyra-Lierse	01:03:15	9.68	06:12
178	754	Moors	Hugo	Lier	M140	MAS+65	AV Lyra-Lierse	01:03:17	9.67	06:12
179	816	Vercammen	Gert	Heist o/d B...	M141	MAS+50	Berglopers	01:03:29	9.64	06:13
180	889	Goyvaerts	Ulrich	Hallaar	M142	MAS+50		01:03:52	9.58	06:15
181	932	Ingram	Jessye	Itegem	V39	SEN		01:04:07	9.55	06:17
182	748	Melis	Bart	Booischtot	M143	MAS+50		01:04:08	9.54	06:17
183	782	Schroeven	Jorien	Wespelaar	V40	MAS+35		01:04:32	9.48	06:19
184	806	Verbruggen	Tine	Wespelaar	V41	MAS+35		01:04:33	9.48	06:19
185	724	De Smet	Robin	Heist o/d B...	M144	MAS+35		01:04:35	9.48	06:19
186	729	Dieltjens	Jolien	Herenthout	V42	SEN		01:04:43	9.46	06:20
187	784	Soons	Eline	Pulderbos	V43	MAS+40		01:04:44	9.45	06:20
188	812	Wyns	Lorenz	Grasheide	M145	SEN	HZA	01:04:48	9.44	06:21
189	831	Van Herck	Ilse	Putte	V44	MAS+55	Geshaalopers	01:05:21	9.36	06:24
190	832	Van Looy	Eleanor	Putte	V45	SEN	Geshaalopers	01:05:25	9.36	06:24
191	930	Van Houtvinck	Rebecca	Schriek	V46	SEN		01:05:26	9.35	06:24
192	796	Van Kerkhoven	Pauline	Heist o/d B...	V47	SEN		01:05:40	9.32	06:26
193	811	Wakesho	Betty	Berlaar	V48	SEN		01:05:49	9.3	06:27
194	786	Thielemans	Inne	Broechem	V49	MAS+35		01:06:25	9.21	06:30
195	877	Wils	Ruben	Arendonk	M146	SEN	Triamo	01:06:43	9.17	06:32
196	922	Nys	Gianni	Humbeek	M147	SEN		01:06:58	9.14	06:33
197	920	Volkaerts	Lotte	Itegem	V50	SEN		01:07:53	9.02	06:39
198	825	Wijns	Michelle	Heist o/d B...	V51	SEN	Heilige Familie	01:07:54	9.01	06:39
199	921	Nauwelaerts	Nele	Halaar	V52	MAS+50		01:07:55	9.01	06:39
200	813	Gijsemans	Michel	Heist op de...	M148	MAS+65	Berglopers	01:10:21	8.7	06:53

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
201	790	Van de Ven	Paul	Erpe Mere	M149	MAS+60		01:10:24	8.69	06:54
202	789	Van de Ven	Agnes	Putte	V53	MAS+65		01:10:25	8.69	06:54
203	738	Hendrickx	Marlies	Berlaar	V54	MAS+35		01:16:39	7.98	07:30