

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	365	Bellekens	Jonas	Wiekevorst	M1	MAS+35	Team Wikkeve...	00:16:26	18.26	03:17
2	391	Heremans	Mil	Heist o/d Berg	M2	JUN	AVZK	00:16:29	18.2	03:17
3	431	Valckx	Stefan	Keerbergen	M3	MAS+35	AVZK	00:16:37	18.05	03:19
4	87	Lunders	Nico	Lier	M4	MAS+35	AV Lyra Lierse	00:16:42	17.96	03:20
5	131	Naets	Obry	Itegem	M5	SEN	AVZK	00:16:46	17.89	03:21
6	494	Van Bael	Tim	Hallaar	M6	SEN		00:17:08	17.51	03:25
7	499	Gysemans	Dave	Wiekevorst	M7	MAS+35	Team Wikkeve...	00:17:19	17.32	03:27
8	436	Van der Sande	Giel	Ramsel	M8	SEN	DRT	00:17:26	17.21	03:29
9	100	Van Den Borre	Michiel	Rijmenam	M9	SEN		00:17:30	17.14	03:30
10	469	Viskens	Jasper	Booischoot	M10	MAS+35	Race and Raise	00:17:40	16.98	03:32
11	449	Van Ouytsel	Jan	Westerlo	M11	MAS+35		00:18:17	16.41	03:39
12	59	Timmers	Bernard	Schoonderbuken	M12	MAS+45	ROBA	00:18:22	16.33	03:40
13	485	Sleeckx	Godwin	Heist o/d Berg	M13	SCH	AVZK	00:18:26	16.27	03:41
14	14	Liekens	Vicky	Heist o/d Berg	V1	MAS+35	Race & Raise	00:18:28	16.25	03:41
15	417	Raeymaekers	Lars	Hulshout	M14	SEN	AC Hulshout	00:18:33	16.17	03:42
16	153	De Belder	Tibo	Hallaar	M15	SCH		00:18:44	16.01	03:44
17	470	Vissers	Sven	Eindhout	M16	JUN	Looise AV	00:18:45	16	03:45
18	124	Van Ouytsel	Jef	Hulsthout	M17	MAS+35		00:18:48	15.96	03:45
19	74	Verschoren	Dries	Heist o/d Berg	M18	MAS+35	Race and Raise	00:18:50	15.93	03:46
20	66	Van Putten	Thijs	Hallaar	M19	MAS+35		00:18:59	15.8	03:47
21	88	Guldentops	Stijn	Hulshout	M20	SEN	VELDKLAD	00:19:04	15.73	03:48
22	9999							00:19:11	15.64	03:50
23	157	Van Dessel	Hendrik	Itegem	M21	SEN		00:19:12	15.62	03:50
24	80	Van Hoof	Dimi	Begijnendijk	M22	SEN	De Eddy's	00:19:12	15.62	03:50
25	86	Deshommes	Glenn	Lier	M23	MAS+45	AV Lyra-Lierse	00:19:16	15.57	03:51
26	23	Vander Sande	Thomas	Houtvenne	M24	SEN	ROBA	00:19:18	15.54	03:51
27	30	Verbist	Wouter	Begijnendijk	M25	MAS+50	ROBA	00:19:19	15.53	03:51
28	484	Sleeckx	Daniel	Heist o/d Berg	M26	SCH	AVZK	00:19:20	15.52	03:52
29	463	Verlinden	Timo	Booischoot	M27	SCH	AVZK	00:19:21	15.5	03:52
30	482	Van de Put	Sem	Hallaar	M28	BEN		00:19:23	15.48	03:52
31	6	Van De Put	Thomas	Hallaar	M29	MAS+35	AVZK	00:19:24	15.46	03:52
32	375	De Cuyper	Tibo	Heist o/d Berg	M30	SEN	HZA	00:19:26	15.44	03:53
33	63	Lievens	Tim	Westerlo	M31	MAS+45		00:19:31	15.37	03:54
34	432	Van Aelst	Dirk	Heist o/d Berg	M32	MAS+55	Berglopers	00:19:33	15.35	03:54
35	495	De Schutter	Tom	Halle	M33	MAS+40		00:19:37	15.29	03:55
36	15	Huybrechts	Anna	Putte	V2	SCH	AVZK	00:19:39	15.27	03:55
37	8	Laporte	Sten	Heist o/d Berg	M34	MAS+35	AVZK	00:19:40	15.25	03:56
38	117	Huybrechts	Els	Hever	V3	SEN	Icarus	00:19:42	15.23	03:56
39	398	Kennis	Stephanie	Mechelen	V4	SEN		00:19:46	15.18	03:57
40	64	Vervoort	Bjorn	Hallaar	M35	SEN	Heistse TC	00:19:47	15.16	03:57
41	111	Wuyts	Wim	Werchter	M36	MAS+50	Roba	00:19:49	15.14	03:57
42	473	Winckelmans	Tim	Heist o/d Berg	M37	MAS+35	Berglopers	00:19:58	15.03	03:59
43	402	Lemmens	Steve	Langdorp	M38	MAS+50	AVZK	00:20:18	14.78	04:03
44	13	Verherstraeten	Nick	Averbode	M39	MAS+35	De Dorpspomp	00:20:26	14.68	04:05
45	73	Hoefkens	Jan	Wiekevorst	M40	MAS+55	Team Wikkeve...	00:20:35	14.57	04:07
46	27	Van Campenhout	Dave	Schriek	M41	MAS+45	RAM	00:20:36	14.56	04:07
47	160	Nuyens	Sterre	Berlaar	M42	CAD		00:20:40	14.52	04:08
48	159	Nuyens	Storm	Berlaar	M43	CAD		00:20:41	14.5	04:08
49	82	Rigouts	Vincent	Morkhoven	M44	MAS+35		00:20:43	14.48	04:08
50	67	Geudens	Bernard	Westerlo	M45	SEN		00:20:44	14.47	04:08

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	76	Vleugels	Floor	Itegem	V5	JUN		00:20:49	14.41	04:09
52	108	Serneels	Nie	Hulshout	V6	MIN	AC Hulshout	00:20:58	14.31	04:11
53	99	Hendrickx	Wim	Herent	M46	MAS+45	Kapsalon Luc	00:21:01	14.27	04:12
54	96	De Cat	Annouck	Hulshout	V7	SEN	AC Hulshout	00:21:04	14.24	04:12
55	145	VanManeghem	Tom	Berlaar	M47	MAS+45	Roadrunners	00:21:07	14.21	04:13
56	107	Serneels	Kurt	Hallaar	M48	MAS+40		00:21:09	14.18	04:13
57	102	Cloos	Koen		M49	MAS+35		00:21:10	14.17	04:14
58	127	Van Roosbroeck	Matthias	Berlaar	M50	SEN		00:21:15	14.12	04:15
59	373	De Cuyper	Lens	Heist o/d Berg	M51	SEN	HZA	00:21:17	14.1	04:15
60	65	Sweeck	Steven	Herselt	M52	MAS+35	KSV Schriek	00:21:24	14.02	04:16
61	104	De Raet	Lias	Hulshout	M53	MIN	AC Hulshout	00:21:29	13.96	04:17
62	98	Teniers	Iris	Betekom	V8	MAS+45	AVZK	00:21:33	13.92	04:18
63	105	De Raet	Kris	Hulshout	M54	MAS+45	AC Hulshout	00:21:36	13.89	04:19
64	3	Verhaert	Tim	Wiekevorst	M55	MAS+40	Team Wikkeve...	00:21:38	13.87	04:19
65	79	Raeymaekers	Ronald	Hulshout	M56	MAS+50	AC Hulshout	00:21:41	13.84	04:20
66	427	Stroobants	Lieve	Bonheiden	V9	MAS+55	BONH	00:21:44	13.8	04:20
67	97	Van Tendeloo	Steven	Hulshout	M57	MAS+40		00:21:48	13.76	04:21
68	496	Lieckens	Jarne	Westerlo	M58	CAD	AVLL	00:21:50	13.74	04:22
69	397	Janssens	Thibeau	Hallaar	M59	JUN	Heistse TC	00:21:52	13.72	04:22
70	414	Pauwels	Katrien	Booischt	V10	SEN	AVZK	00:21:56	13.68	04:23
71	68	Claes	Karen	Wezemaal	V11	MAS+35	Roba	00:22:06	13.57	04:25
72	9	Laporte	Finn	Heist o/d Berg	M60	MIN	AVZK	00:22:14	13.49	04:26
73	489	De Roeck	Liene	Lier	V12	MAS+35	AVLL	00:22:18	13.45	04:27
74	125	Corthout	Tom	Begijnendijk	M61	MAS+45	ROBA	00:22:19	13.44	04:27
75	77	Beynaerts	Kim	Begijnendijk	M62	MAS+35		00:22:20	13.43	04:28
76	7	Smits	Kevin	Olen	M63	MAS+35		00:22:22	13.41	04:28
77	62	Lievens	Milo	Westerlo	M64	CAD	HCT	00:22:24	13.39	04:28
78	440	Van Dyck	Nina	Beerzel	V13	SEN	HZA	00:22:25	13.38	04:29
79	443	Van Looy	Joost	Heist o/d Berg	M65	SEN		00:22:27	13.36	04:29
80	40	Vermeulen	Eddy	Westerlo	M66	MAS+65	FC KWB Bergom	00:22:28	13.35	04:29
81	91	Wijns	Pascal	Schriek	M67	SEN	Concap	00:22:29	13.34	04:29
82	445	Van Noten	Dirk	Booischt	M68	MAS+55	Berglopers	00:22:31	13.32	04:30
83	451	Van Rompaey	Pieter-Jan	Itegem	M69	SEN		00:22:33	13.3	04:30
84	364	Arnold	Anneleen	St-Kat-Waver	V14	MAS+40	BONH	00:22:34	13.29	04:30
85	95	Verlinden	Walter	Hulshout	M70	MAS+55	AC HULSHOUT	00:22:35	13.28	04:31
86	462	Verlinden	Milo	Hallaar	M71	JUN	Heistse tc	00:22:54	13.1	04:34
87	415	Pauwels	Ronan	Heist o/d Berg	M72	CAD	Kfcm Hallaar	00:23:02	13.02	04:36
88	11	Avonds	Emil	Heist o/d Berg	M73	PUP		00:23:05	13	04:37
89	19	Jacquemyn	Tom	Itegem	M74	MAS+40		00:23:06	12.99	04:37
90	362	Andries	Wesley	St-Kat-Waver	M75	MAS+45	BONH Atletiek	00:23:08	12.97	04:37
91	5	Van den Vonder	Greet	Berlaar	V15	MAS+60	Berglopers	00:23:11	12.94	04:38
92	120	Van Moll	Toots	Heist o/d Berg	M76	PUP		00:23:12	12.93	04:38
93	90	Wijns	Geert	Schriek	M77	MAS+50	Concap	00:23:14	12.91	04:38
94	33	Van den Dries	Jan	Heist o/d Berg	M78	SEN		00:23:15	12.9	04:39
95	16	Huybrechts	Sara	Putte	V16	CAD	AVZK	00:23:20	12.86	04:40
96	112	Wuyts	Piet	Werchter	M79	SEN		00:23:24	12.82	04:40
97	1	Verbeke	Pierre	Heist o/d Berg	M80	CAD	AVZK	00:23:25	12.81	04:41
98	139	Weckhuysen	Stef	Herselt	M81	SCH		00:23:33	12.74	04:42
99	92	Vanden Bosch	Liam	Begijnendijk	M82	KAN		00:23:38	12.69	04:43
100	353	Lambert	Kelly	Nieuwrode	V17	MAS+35	Sportiva Gelrode	00:23:41	12.67	04:44

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	144	Op de Beeck	Werner	Ramsel	M83	MAS+45	Sportiva Gelrode	00:23:43	12.65	04:44
102	21	Stuyck	Leon	Bevel	M84	MIN		00:23:45	12.63	04:45
103	386	Goormans	Koen	Nijlen	M85	MAS+45		00:23:48	12.61	04:45
104	156	Ghevens	Koen	Lier	M86	MAS+35		00:23:50	12.59	04:46
105	60	De Bakker	Artuur	Hallaar	M87	MIN		00:23:51	12.58	04:46
106	429	Troonbeeckx	Dieter	Heist o/d Berg	M88	SEN		00:23:52	12.57	04:46
107	467	Verstraeten	Ferre	Heist o/d Berg	M89	MIN	KFCM Hallaar	00:23:55	12.54	04:47
108	498	Van der Sanden	Emma	Wiekevorst	V18	MIN	AVZK	00:23:55	12.54	04:47
109	61	De Bakker	Kristof	Heist o/d Berg	M90	MAS+40		00:23:56	12.53	04:47
110	142	Stroobants	Tim	Hallaar	M91	SEN		00:23:56	12.53	04:47
111	51	Mohebi	Elias		M92	MAS+80		00:23:58	12.52	04:47
112	115	Goyvaerts	Nico	Ramsel	M93	MAS+55		00:24:09	12.42	04:49
113	84	Vervloet	Dirk	Itegem	M94	MAS+60		00:24:13	12.39	04:50
114	351	Smith	Dominic		M95	MAS+80	Team Gorris	00:24:16	12.36	04:51
115	497	Smekens	Linde	Langdorp	V19	MIN		00:24:19	12.34	04:51
116	83	Vervloet	Stein	Hallaar	M96	SEN		00:24:21	12.32	04:52
117	24	Verhard	Nio	Morkhoven	M97	MIN	De Dorpspomp...	00:24:22	12.31	04:52
118	428	Stynen	Bart	Putte	M98	MAS+40	BONH	00:24:26	12.28	04:53
119	26	Witters	Brent	Heist o/d Berg	M99	SEN	Berglopers	00:24:30	12.24	04:54
120	110	De Ceuster	Robin	Putte	M100	MAS+35	KSV Schriek	00:24:32	12.23	04:54
121	354	Miseur	Manfred	Aarschot	M101	MAS+60	Sportiva Gelrode	00:24:42	12.15	04:56
122	356	Verbist	Jonathan	Aarschot	M102	MAS+35	Sportiva Gelrode	00:24:43	12.14	04:56
123	78	De Wever	Pol	Heist o/d Berg	M103	PUP	AVZK	00:24:46	12.11	04:57
124	32	Van Woensel	Kurt	Koningshooikt	M104	MAS+40		00:24:47	12.1	04:57
125	20	Heivers	Maarten	Heist o/d Berg	M105	MAS+40	CLZHonnemoe...	00:24:59	12.01	04:59
126	72	Van Loo	Sofie	Bonheiden	V20	MAS+40	Bonh	00:25:02	11.98	05:00
127	113	Beynaerts	Dirk	Ramsel	M106	MAS+50		00:25:10	11.92	05:02
128	114	Van Horebeek	Marc	Mol	M107	MAS+50	Psycho Chickens	00:25:11	11.91	05:02
129	416	Peeters	Lode	Duffel	M108	SEN		00:25:16	11.87	05:03
130	433	Van den Bosch	Kristof	Berlaar	M109	MAS+40		00:25:19	11.85	05:03
131	352	Verschoren	Peter	Itegem	M110	MAS+45	Team Gorris	00:25:23	11.82	05:04
132	478	Cobbaut	Xander	Hallaar	M111	CAD		00:25:32	11.75	05:06
133	85	Vandemeyn	Victor	Hallaar	M112	KAN	KFCM Hallaar	00:25:36	11.72	05:07
134	424	Smets	Kiowa	Aarschot	M113	MIN	Berglopers	00:25:38	11.7	05:07
135	2	Grandjean	Feliks	Begijnendijk	M114	MIN		00:25:41	11.68	05:08
136	106	Lieckens	Mattis	Berlaar	M115	CAD	KFCM Hallaar	00:25:43	11.67	05:08
137	103	Vancampenhout	Guy	Vorselaar	M116	MAS+55	Kasteellopers	00:25:44	11.66	05:08
138	438	Van Dessel	Vince	Heist o/d Berg	M117	SCH	Heistse TC	00:25:54	11.58	05:10
139	138	Meeus	Joost	Heist o/d Berg	M118	SEN		00:25:58	11.55	05:11
140	137	Wijns	Robbe	Hallaar	M119	SEN		00:26:00	11.54	05:12
141	161	Nuyens	Sting	Berlaar	M120	MIN		00:26:06	11.49	05:13
142	93	Croonen	Eddy	Ramsel	M121	MAS+55	Kapsalon Luc	00:26:08	11.48	05:13
143	360	De Wachter	Carine	Keerbergen	V21	MAS+60	Geshaalopers	00:26:08	11.48	05:13
144	22	Bergen	Nicole	Messelbroek	V22	MAS+55	Kapsalon Luc	00:26:10	11.46	05:14
145	81	Rigouts	Bram	Morkhoven	M122	MIN	ACHL	00:26:16	11.42	05:15
146	421	Schepers	Geert	Booischoot	M123	MAS+50	Berglopers	00:26:20	11.39	05:16
147	118	Debois	Wouter	Booischoot	M124	SEN	PVDA Heist	00:26:21	11.39	05:16
148	119	Heremans	Senne	Heist o/d Berg	M125	SEN	PVDA Heist	00:26:23	11.37	05:16
149	162	Spruyt	Jeroen	Bonheiden	M126	SEN		00:26:23	11.37	05:16
150	388	Guldolf	Dries	Aarschot	M127	SEN	Sportiva Gelrode	00:26:25	11.36	05:17

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
151	55	Lambrechts	Lars	Heist o/d Berg	M128	JUN		00:26:30	11.32	05:18
152	56	Goossens	Gilles	Itegem	M129	MAS+80		00:26:30	11.32	05:18
153	28	Schallenbergh	Gert	Heist o/d Berg	M130	MAS+45		00:26:31	11.31	05:18
154	401	Leers	Milan	Hallaar	M131	SCH	Heistse TC	00:26:33	11.3	05:18
155	480	Geudens	Wout	Hallaar	M132	MIN		00:26:34	11.29	05:18
156	378	De Feyter	Odette	Berlaar	V23	PUP		00:26:42	11.24	05:20
157	376	De Feyter	Cecile	Berlaar	V24	BEN		00:26:49	11.19	05:21
158	377	De Feyter	Joris	Berlaar	M133	MAS+40		00:26:49	11.19	05:21
159	371	Cleynhens	Karine	Tremelo	V25	MAS+55	Berglopers	00:27:04	11.08	05:24
160	437	Van Dessel	Daniel	Heist o/d Berg	M134	MAS+60	Berglopers	00:27:06	11.07	05:25
161	483	Lievens	Wouter	Hallaar	M135	MAS+40		00:27:10	11.04	05:26
162	31	Delmé	Tom	Ramsel	M136	MAS+40		00:27:12	11.03	05:26
163	37	Dewinter-Pieters	Heidi	Keerbergen	V26	MAS+45		00:27:15	11.01	05:27
164	36	Geeraerts	Katrien	Heist o/d Berg	V27	MAS+35		00:27:21	10.97	05:28
165	393	Indekeu	Vicky	Hulshout	V28	MAS+40		00:27:22	10.96	05:28
166	150	De Bie	Manon	Heist o/d Berg	V29	MIN		00:27:25	10.94	05:29
167	149	De Bie	Bart	Heist o/d Berg	M137	MAS+40		00:27:27	10.93	05:29
168	368	Born	Thomas	Booischtot	M138	MAS+35		00:27:29	10.92	05:29
169	126	Albert	Roel	Hallaar	M139	MAS+40		00:27:31	10.9	05:30
170	155	Van Rompaey	Caro	Heist o/d Berg	V30	SEN		00:27:34	10.88	05:30
171	349	Gorris	Jessy	Heist o/d Berg	V31	MAS+40	Team Gorris	00:27:37	10.86	05:31
172	430	Uytterhoeven	Peter	Tremelo	M140	MAS+55	Berglopers	00:27:39	10.85	05:31
173	392	Huybrechts	Kris	Itegem	M141	MAS+45	Berglopers	00:27:41	10.84	05:32
174	413	Pauwels	Ferre		M142	MIN		00:27:43	10.82	05:32
175	412	Pauwels	Britt	Borgerhout	V32	SEN		00:27:44	10.82	05:32
176	346	De Wit	Lennie	Heist o/d Berg	V33	SEN	Team Gorris	00:27:44	10.82	05:32
177	35	Van den Eynde	Annelies	Booischtot	V34	MAS+35		00:27:45	10.81	05:33
178	52	Van Woensel	Pieter	Hallaar	M143	MAS+80		00:27:46	10.8	05:33
179	50	Roothoof	Rik	Hallaar	M144	MAS+80		00:27:48	10.79	05:33
180	94	Bruelemans	Davy	Rotselaar	M145	MAS+45	Kapsalon Luc	00:27:52	10.77	05:34
181	154	Bellekens	Kira	Hulshout	V35	CAD		00:28:02	10.7	05:36
182	455	Veltmans	Florian	Schriek	M146	MIN	KSV Schriek	00:28:05	10.68	05:37
183	41	Neefs	Bert	Gelrode	M147	MAS+60	Sportieve Gelro...	00:28:08	10.66	05:37
184	466	Verschueren	Gerry	Heist o/d Berg	M148	MAS+45	Berglopers	00:28:12	10.64	05:38
185	434	Van den Bosch	Pieter	Westerlo	M149	SEN		00:28:13	10.63	05:38
186	446	Van oosterwyck	Stephan	Heist o/d Berg	M150	SEN		00:28:14	10.63	05:38
187	158	Stickers	Nadine	Lille	V36	MAS+40		00:28:16	10.61	05:39
188	355	Schol	Jana	Rillaar	V37	SEN	Sportiva Gelrode	00:28:17	10.61	05:39
189	34	Van Hof	Kristof	Itegem	M151	SEN		00:28:18	10.6	05:39
190	357	Verboven	Tinne	Houwaart	V38	MAS+40	Sportiva Gelrode	00:28:19	10.59	05:39
191	380	De Vries	Tim	Itegem	M152	MAS+35		00:28:21	10.58	05:40
192	439	Van Dyck	Jana	Hallaar	V39	SEN		00:28:25	10.56	05:41
193	152	Heungens	Arthur	Hallaar	M153	MIN	KFCM Hallaar	00:28:27	10.54	05:41
194	350	Gorris	Jos		M154	MAS+80	Team Gorris	00:28:30	10.53	05:42
195	382	Douchy	Matisse	Hallaar	M155	CAD		00:28:37	10.48	05:43
196	472	Willaert	Tony		M156	MAS+70		00:28:37	10.48	05:43
197	122	Verhoeven	Nele	Booischtot	V40	SEN		00:28:39	10.47	05:43
198	123	Verhoeven	Wim	Booischtot	M157	MAS+55		00:28:41	10.46	05:44
199	490	Potemans	Roger	Gelrode	M158	MAS+65	Sportiva Gelrode	00:28:47	10.42	05:45
200	53	Ceuppens	Jens	Itegem	M159	MAS+80		00:28:48	10.42	05:45

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
201	29	Aerts	Natacha	Begijnendijk	V41	MAS+50		00:28:50	10.4	05:46
202	49	Heremans	Warre	Hallaar	M160	MAS+80		00:28:51	10.4	05:46
203	18	Scheerens	Charlotte	Houtvenne	V42	MAS+40		00:28:59	10.35	05:47
204	140	Delmé	Noor	Ramsel	V43	PUP		00:29:00	10.34	05:48
205	128	Faes	Sare	Nijlen	V44	SEN	FC Heikant	00:29:09	10.29	05:49
206	406	Mollen	Dave	Berlaar	M161	MAS+50		00:29:13	10.27	05:50
207	348	Gorris	Iris	Itegem	V45	MAS+45	Team Gorris	00:29:18	10.24	05:51
208	38	Cumps	Chris	Aarschot	M162	MAS+65	Kapsalon Luc	00:29:19	10.23	05:51
209	4	Straetmans	Gilbert	Booischot	M163	MAS+65	Berglopers	00:29:23	10.21	05:52
210	136	Vanoppen	Dieter	Tielt-Winge	M164	SEN		00:29:24	10.2	05:52
211	151	Heungens	Kim	Hallaar	M165	MAS+45	FC Fiat	00:29:25	10.2	05:53
212	39	Van Hove	Christine	Heist o/d Berg	V46	MAS+60		00:29:31	10.16	05:54
213	116	Van Otten	Peggy	Ramsel	V47	MAS+50		00:29:33	10.15	05:54
214	476	Verboven	Stig	Heist o/d Berg	M166	MIN		00:29:35	10.14	05:55
215	488	Eijckmans	Eric	Laakdal	M167	MAS+60		00:29:37	10.13	05:55
216	474	Wouters	Stijn	Sint-Job-in-'t-Goor	M168	MAS+45		00:29:41	10.11	05:56
217	405	Mellaerts	Kirsten	Averbode	V48	MAS+40	AC Hulshout	00:29:42	10.1	05:56
218	381	Douchy	Emeric	Heist o/d Berg	M169	PUP		00:29:44	10.09	05:56
219	372	De Coninck	Bavo		M170	SEN	KFCM Hallaar	00:29:45	10.08	05:57
220	383	Douchy	Vincent	Heist o/d Berg	M171	MAS+40		00:29:45	10.08	05:57
221	454	Vanhee	Sabine	Heist o/d Berg	V49	MAS+55	Berglopers	00:29:48	10.07	05:57
222	69	Jacobs	Wendy	Lint	V50	MAS+35		00:29:49	10.06	05:57
223	71	Scheers	Caroline	Heist o/d Berg	V51	SEN		00:29:51	10.05	05:58
224	70	Jacobs	Pim	Heist o/d Berg	M172	MAS+35	Race & Raise	00:29:51	10.05	05:58
225	130	Robrechts	Thomas	Duffel	M173	SEN	753	00:29:54	10.03	05:58
226	129	Roobaert	Emilie	Ternat	V52	SEN		00:29:55	10.03	05:59
227	479	Geudens	Kaat	Hallaar	V53	PUP		00:30:00	10	06:00
228	481	Van den Bosch	Bjoke	Hallaar	V54	MAS+35		00:30:01	9.99	06:00
229	121	Van Moll	Guusje	Heist o/d Berg	V55	MIN		00:30:03	9.98	06:00
230	426	Storms	Valerie	Schriek	V56	MAS+35		00:30:05	9.97	06:01
231	370	Buelens	Annelies	Schriek	V57	MAS+35		00:30:06	9.97	06:01
232	389	Gysemans	Evi	Schriek	V58	SEN		00:30:06	9.97	06:01
233	475	Wuyts	Anouska	Tessengerlo	V59	MAS+40	Berglopers	00:30:09	9.95	06:01
234	477	Verboven	Sammy	Heist o/d Berg	M174	MAS+40		00:30:12	9.93	06:02
235	10	van Eynde	Marieke	Heist o/d Berg	V60	MAS+35		00:30:14	9.92	06:02
236	141	Dillen	Herman	Koningshooikt	M175	MAS+75		00:30:27	9.85	06:05
237	75	Buts	Ann	Itegem	V61	MAS+45		00:30:28	9.85	06:05
238	143	Discart	Robbe	Aarschot	M176	JUN		00:30:34	9.81	06:06
239	12	Verherstraeten	Raf	Herselt	M177	MAS+60	De Dorpspomp	00:30:52	9.72	06:10
240	448	Van Orshaegen	Nicole	Olen	V62	MAS+60	Berglopers	00:30:56	9.7	06:11
241	450	Van Rompaey	Britt-Fleur	Hallaar	V63	SEN		00:31:01	9.67	06:12
242	492	Goyvaerts	Ulrich	Hallaar	M178	MAS+50		00:31:05	9.65	06:13
243	44	Benhamou	Zaina	Beerzel	V64	MAS+80		00:31:15	9.6	06:15
244	45	Vaes	Eva	Hallaar	V65	MAS+80		00:31:16	9.59	06:15
245	57	Abrams	Ionace	Kamer van Volksvert...	M179	MAS+80		00:31:16	9.59	06:15
246	58	Obeir	Nawras	Hallaar	M180	MAS+80		00:31:18	9.58	06:15
247	54	Geens	Lukas	Hallaar	M181	MAS+80		00:31:18	9.58	06:15
248	109	Veltmans	Roel	Schriek	M182	MAS+35	KSV Schriek	00:31:20	9.57	06:16
249	135	Mattheus	Glenn	Booischot	M183	MAS+35	Berglopers	00:31:23	9.56	06:16
250	133	Eulaers	Anneleen	Aarschot	V66	MAS+35		00:31:25	9.55	06:17

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
251	408	Moris	Jill	Heist o/d Berg	V67	SEN		00:31:27	9.54	06:17
252	134	Michiels	Caroline	Aarschot	V68	MAS+35		00:31:27	9.54	06:17
253	369	Bosmans	Jos	Heist o/d Berg	M184	MAS+70		00:31:28	9.53	06:17
254	456	Verborgt	Arno	Zwijndrecht	M185	JUN		00:31:30	9.52	06:18
255	358	Bosmans	Mia	Putte	V69	MAS+55	Geshaalopers	00:31:36	9.49	06:19
256	359	De Cock	Femka	Putte	V70	MAS+40	Geshaalopers	00:31:37	9.49	06:19
257	418	Ringoot	Danny	Hallaar	M186	MAS+60	Berglopers	00:31:43	9.46	06:20
258	447	Van Opstal	Karel	Ramsel	M187	MAS+75	Berglopers	00:31:46	9.44	06:21
259	500	Roelants	Myriam	Wezemaal	V71	MAS+60		00:31:47	9.44	06:21
260	403	Luytens	Annick	Heist o/d Berg	V72	MAS+45	Berglopers	00:31:48	9.43	06:21
261	387	Goyvaerts	Matthias	OLV-Waver	M188	SEN	BONH	00:31:54	9.4	06:22
262	404	Mees	Karen	Bonheiden	V73	MAS+45	BONH	00:31:54	9.4	06:22
263	453	Vandevelde	Charlien	Sterrebeek	V74	SCH	ACKO	00:31:56	9.39	06:23
264	464	Verloy	Tine	Itegem	V75	MAS+40	Berglopers	00:31:58	9.38	06:23
265	420	Samyn	Wendy	Putte	V76	MAS+45	BONH	00:32:04	9.36	06:24
266	394	Jacobs	Suzy	Hulshout	V77	MAS+55	Berglopers	00:32:04	9.36	06:24
267	411	Papen	Peter	Hulshout	M189	MAS+60	Berglopers	00:32:07	9.34	06:25
268	390	Helsen	Robbe		M190	SEN		00:32:09	9.33	06:25
269	366	Blockx	Jade		V78	SEN		00:32:11	9.32	06:26
270	42	Verelst	Joni		V79	MAS+80		00:32:18	9.29	06:27
271	43	Van Herle	Stien	Itegem	V80	MAS+80		00:32:18	9.29	06:27
272	17	Van de Water	Geert	Putte	V81	MAS+45	AVZK	00:33:00	9.09	06:36
273	374	De Cuyper	Sabrina	Heist o/d Berg	V82	MAS+40	AVZK	00:33:04	9.07	06:36
274	471	Wijns	Michelle	Heist o/d Berg	V83	SEN		00:33:13	9.03	06:38
275	132	Nauwelaerts	Nele	Halaar	V84	MAS+45		00:33:13	9.03	06:38
276	347	Geeraerts	Sophie	Keerbergen	V85	MAS+35	Team Gorris	00:33:24	8.98	06:40
277	101	Van Dyck	Michel	Heist o/d Berg	M191	MAS+55	Berglopers	00:33:33	8.94	06:42
278	46	Verhoeven	Fenna	Booischot	V86	MAS+80		00:33:34	8.94	06:42
279	47	Goossens	Lise-Marie		V87	MAS+80		00:33:35	8.93	06:43
280	399	Kwanten	Lies	OLV-Waver	V88	MAS+35	Bonheiden AC	00:33:39	8.92	06:43
281	435	Van der Heyden	Heidi	Bevel	V89	MAS+40		00:34:02	8.81	06:48
282	363	Appermans	Wendy	Ramsel	V90	MAS+45		00:34:02	8.81	06:48
283	407	Moors	Isis	Berlaar	V91	SEN	Av Lyra Lierse	00:34:25	8.72	06:53
284	384	Geuens	Josepha	Berlaar	V92	MAS+65	Lierse Lier	00:34:27	8.71	06:53
285	89	Dreesen	Eric	Tremelo	M192	MAS+60		00:35:19	8.49	07:03
286	468	Vetters	Fran	Hallaar	V93	MIN	Mendo	00:35:35	8.43	07:07
287	422	Schollaert	Ellen	Hallaar	V94	MAS+40	Volleywood	00:35:37	8.42	07:07
288	385	Gielis	Ellen	Westerlo	V95	MAS+40	Berglopers	00:35:40	8.41	07:08
289	487	Van der Roost	Paulien	Schriek	V96	KAN		00:35:44	8.4	07:08
290	491	Van Lier	Caroline	Schriek	V97	SEN	Schriekse Tigjers	00:35:46	8.39	07:09
291	486	Van Lier	Stefan	Tremelo	M193	MAS+65		00:35:47	8.38	07:09
292	425	Staquet	Anja	Booischot	V98	MAS+50	Berglopers	00:36:03	8.32	07:12
293	460	Verhaegen	Kurt	Beerzel	M194	MAS+50		00:36:08	8.3	07:13
294	410	Op de Beeck	Suzy	Tremelo	V99	MAS+50	Berglopers	00:37:26	8.01	07:29
295	379	De Ruelle	Caroline	Itegem	V100	MAS+45		00:37:42	7.96	07:32
296	465	Verschuere	Anne	Booischot	V101	MAS+55	Berglopers	00:37:50	7.93	07:34
297	147	Liekens	Jade	Putte	V102	BEN		00:38:06	7.87	07:37
298	148	Hermans	Kim	Putte	V103	MAS+35		00:38:07	7.87	07:37
299	146	Dumont	Ellen	Putte	V104	MAS+35		00:38:08	7.87	07:37
300	419	Robrechts	Pauline	Duffel	V105	SEN		00:39:05	7.68	07:49

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
301	442	Van Hoof	Laura	Heist o/d Berg	V106	SEN		00:39:06	7.67	07:49