

| Zilveren Helmenrun Halen | | | | | Wedstrijduitslag | 10 Km | 28/08/2016 | |
|--------------------------|------------|--------|---------------------------|-----------|------------------|------------|------------|-------------|
| Start | | --> | | | 10:35:58 | | | |
| Plaats | Plaats CAT | Nummer | Naam | Categorie | CLUB | Geb. Datum | Aankomst | Totale tijd |
| 1 | 1 | 546 | Helsen Thomas | H SEN | SQM Running Team | 15/07/88 | 11:09:58 | 0:34:00 |
| 2 | 1 | 541 | Van Marcke pascal | H +45 | SQM Running Team | 1/07/67 | 11:11:26 | 0:35:28 |
| 3 | 2 | 584 | Mertens Hannes | H SEN | | 0 15/12/87 | 11:11:37 | 0:35:39 |
| 4 | 1 | 533 | Vanden Bempt Hans | H +35 | SQM Running Team | 14/08/79 | 11:12:17 | 0:36:19 |
| 5 | 3 | 508 | Joostens Jasper -Frederik | H SEN | DCLA-Halen | 25/08/88 | 11:13:38 | 0:37:40 |
| 6 | 2 | 592 | Maris Peter | H +45 | | 0 24/01/65 | 11:14:03 | 0:38:05 |
| 7 | 4 | 608 | Ruymen Wouter | H SEN | ACA Alken | 24/08/89 | 11:14:36 | 0:38:38 |
| 8 | 1 | 521 | Vanden Bempt Sigrid | D SEN | DCLA-Halen | 10/02/81 | 11:14:42 | 0:38:44 |
| 9 | 3 | 512 | Steenput Joris | H +45 | DCLA-Halen | 17/01/62 | 11:15:40 | 0:39:41 |
| 10 | 4 | 545 | Boghe Guido | H +45 | TACT | 8/02/62 | 11:15:45 | 0:39:47 |
| 11 | 2 | 523 | Verhemeldonck Gino | H +35 | DCLA-Halen | 10/12/79 | 11:15:58 | 0:40:00 |
| 12 | 5 | 604 | Vanheyst Hendrik | H SEN | | 0 20/04/84 | 11:16:12 | 0:40:13 |
| 13 | 6 | 607 | Rummen Jo | H SEN | ACA Alken | 29/04/83 | 11:16:39 | 0:40:40 |
| 14 | 5 | 575 | Sools Freddy | H +45 | | 0 28/10/64 | 11:16:46 | 0:40:47 |
| 15 | 7 | 536 | Bokken Roy | H SEN | JEM Bree | 7/08/89 | 11:16:52 | 0:40:54 |
| 16 | 1 | 605 | Hiemeleers Marc | H +55 | | 0 26/12/56 | 11:17:02 | 0:41:04 |
| 17 | 3 | 564 | Santermans Peter | H +35 | | 0 31/07/78 | 11:17:17 | 0:41:19 |
| 18 | 8 | 510 | Sampermans Bart | H SEN | DCLA-Halen | 19/08/82 | 11:17:58 | 0:42:00 |
| 19 | 2 | 565 | Vandermaesen Ivo | H +55 | DCLA-Halen | 15/03/60 | 11:18:09 | 0:42:11 |
| 20 | 9 | 566 | Dullers Pieter | H SEN | | 0 9/09/82 | 11:18:39 | 0:42:41 |
| 21 | 4 | 574 | Vermeulen Jan | H +35 | | 0 29/11/79 | 11:18:53 | 0:42:55 |
| 22 | 10 | 554 | Croes Jo | H SEN | TACT | 21/04/86 | 11:18:58 | 0:43:00 |
| 23 | 5 | 506 | Deferm Kris | H +35 | DCLA-Halen | 10/04/78 | 11:19:15 | 0:43:17 |
| 24 | 11 | 559 | Motmans Rob | H SEN | | 0 6/04/84 | 11:19:19 | 0:43:21 |
| 25 | 3 | 560 | Vranckx Benoit | H +55 | Tess Chemic | 23/10/50 | 11:19:42 | 0:43:44 |
| 26 | 6 | 513 | Surkijn Erik | H +45 | DCLA-Halen | 12/06/65 | 11:19:43 | 0:43:45 |
| 27 | 4 | 507 | Hermans Luc | H +55 | DCLA-Halen | 27/10/57 | 11:19:44 | 0:43:46 |

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| 28 | 6 | 600 | Vogels Geert | H +35 | | 0 9/05/70 | 11:19:56 | 0:43:57 |
| 29 | 7 | 578 | Van Dingenen Steven | H +35 | GS Running Team | 25/01/77 | 11:20:31 | 0:44:33 |
| 30 | 7 | 551 | Baerts Chris | H +45 | | 0 18/08/71 | 11:20:34 | 0:44:36 |
| 31 | 8 | 549 | Smets Dieter | H +35 | TRECHO Zonhoven | 23/04/77 | 11:20:39 | 0:44:41 |
| 32 | 8 | 571 | De Schrijver Danny | H +45 | | 0 9/08/63 | 11:21:09 | 0:45:11 |
| 33 | 9 | 503 | Claes Jo | H +35 | DCLA-Halen | 7/09/74 | 11:21:15 | 0:45:17 |
| 34 | 12 | 550 | Laeremans Tim | H SEN | | 0 6/01/82 | 11:21:18 | 0:45:20 |
| 35 | 5 | 583 | Lambrichts Robert | H +55 | Gemsjoggers | 7/02/59 | 11:21:22 | 0:45:23 |
| 36 | 9 | 562 | Sevenants Patrick | H +45 | DEMARSIN | 5/09/63 | 11:21:25 | 0:45:26 |
| 37 | 6 | 532 | Kerremans Fonz | H +55 | Team Streetrace Running | 13/11/55 | 11:21:32 | 0:45:34 |
| 38 | 13 | 530 | Thijs Sven | H SEN | | 0 22/09/82 | 11:21:43 | 0:45:45 |
| 39 | 10 | 525 | Heylen Ben | H +35 | DEMARSIN | 13/03/78 | 11:21:57 | 0:45:59 |
| 40 | 11 | 581 | Van Eyck Maarten | H +35 | | 0 17/10/80 | 11:22:03 | 0:46:05 |
| 41 | 10 | 596 | Vandeput Eric | H +45 | Glabbeekse Joggingclub | 6/05/68 | 11:22:17 | 0:46:19 |
| 42 | 12 | 580 | Vandezande Günther | H +35 | | 0 18/05/76 | 11:22:26 | 0:46:27 |
| 43 | 1 | 570 | Kerkhofs Greet | D +35 | | 0 7/03/79 | 11:22:35 | 0:46:37 |
| 44 | 14 | 614 | Jacobs Lennert | H SEN | | 0 7/12/84 | 11:22:36 | 0:46:38 |
| 45 | 7 | 588 | Thoonen Erik | H +55 | Gemsjoggers | 30/04/58 | 11:22:46 | 0:46:48 |
| 46 | 15 | 515 | Thiels Liam | H SEN | DCLA-Halen | 20/02/02 | 11:22:54 | 0:46:55 |
| 47 | 13 | 502 | Burdzy Sven | H +35 | DCLA-Halen | 27/10/71 | 11:23:03 | 0:47:04 |
| 48 | 8 | 586 | Vanaken Patrick | H +55 | Gemsjoggers | 24/04/61 | 11:23:05 | 0:47:07 |
| 49 | 2 | 542 | Haselaars Ellen | D SEN | | 0 23/07/82 | 11:23:08 | 0:47:10 |
| 50 | 2 | 516 | Tulleneers Veerle | D +35 | DCLA-Halen | 11/01/72 | 11:23:14 | 0:47:15 |
| 51 | 14 | 539 | Dewil Bart | H +35 | | 0 17/12/73 | 11:23:15 | 0:47:16 |
| 52 | 9 | 568 | Perren Gust | H +55 | | 0 24/11/57 | 11:23:30 | 0:47:31 |
| 53 | 15 | 572 | Verpoorten Peter | H +35 | | 0 11/09/71 | 11:23:40 | 0:47:42 |
| 54 | 10 | 514 | Truyers Hugo | H +55 | DCLA-Halen | 7/12/48 | 11:23:41 | 0:47:43 |

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| Plaats | Plaats CAT | Nummer | Naam | Categorie | CLUB | Geb. Datum | Aankomst | Totale tijd |
| 55 | 3 | 511 | Schotsmans Marijke | D +35 | DCLA-Halen | 12/03/76 | 11:23:44 | 0:47:46 |
| 56 | 16 | 553 | Kretzers Wim | H SEN | TACT | 6/10/82 | 11:23:46 | 0:47:48 |
| 57 | 11 | 601 | Ritzen Jurgen | H +45 | BJC | 2/07/66 | 11:23:58 | 0:47:59 |
| 58 | 16 | 547 | Utens Erik | H +35 | | 0 6/02/78 | 11:24:01 | 0:48:03 |
| 59 | 17 | 618 | Torfs Stijn | H SEN | Sportiva Gelrode | 23/01/86 | 11:24:45 | 0:48:47 |
| 60 | 18 | 615 | Van Esch Bert | H SEN | | 0 19/12/83 | 11:24:46 | 0:48:48 |
| 61 | 11 | 555 | Croes Karel | H +55 | TACT | 2/03/54 | 11:24:50 | 0:48:52 |
| 62 | 12 | 552 | Van Hoof Eddy | H +45 | | 0 5/12/61 | 11:24:55 | 0:48:57 |
| 63 | 17 | 619 | Kiesekoms Yves | H +35 | Ossebergrunners | 1/02/74 | 11:24:59 | 0:49:01 |
| 64 | 13 | 576 | Herroelen Benny | H +45 | | 0 14/10/69 | 11:25:08 | 0:49:10 |
| 65 | 14 | 597 | Morreels Jerry | H +45 | | 0 26/09/64 | 11:25:22 | 0:49:24 |
| 66 | 15 | 616 | Froyen Guy | H +45 | | 0 16/01/63 | 11:25:35 | 0:49:37 |
| 67 | 1 | 577 | Philippaerts Greta | D +45 | | 0 30/03/64 | 11:25:53 | 0:49:54 |
| 68 | 19 | 522 | Vander Struyk Jeroen | H SEN | DCLA-Halen | 18/07/92 | 11:25:54 | 0:49:55 |
| 69 | 4 | 527 | Vermaelen Wendy | D +35 | DEMARSIN | 10/10/78 | 11:26:08 | 0:50:09 |
| 70 | 12 | 528 | Vermaelen Willy | H +55 | DEMARSIN | 21/09/52 | 11:26:09 | 0:50:11 |
| 71 | 13 | 548 | Boz Renzo | H +55 | | 0 27/09/51 | 11:26:21 | 0:50:23 |
| 72 | 16 | 524 | Van Wassenhove Wim | H +45 | DCLA-Halen | 30/04/71 | 11:26:59 | 0:51:00 |
| 73 | 18 | 579 | Kenis Willem | H +35 | | 0 29/10/71 | 11:27:14 | 0:51:16 |
| 74 | 14 | 535 | Polders Jos | H +55 | ACA Alken | 18/09/54 | 11:28:00 | 0:52:02 |
| 75 | 19 | 589 | Nelissen Marc | H +35 | Gemsjoggers | 31/08/80 | 11:28:03 | 0:52:05 |
| 76 | 2 | 610 | Strouwer Bea | D +45 | ACA Alken | 12/05/67 | 11:28:07 | 0:52:08 |
| 77 | 15 | 609 | Ruymen Michel | H +55 | ACA Alken | 30/09/56 | 11:28:07 | 0:52:09 |
| 78 | 16 | 569 | Zwerts Danny | H +55 | ACA Alken | 24/09/60 | 11:28:33 | 0:52:34 |
| 79 | 17 | 585 | Seymans Marc | H +45 | | 0 18/01/64 | 11:28:41 | 0:52:43 |
| 80 | 18 | 518 | UtenLudo | H +45 | DCLA-Halen | 17/08/65 | 11:28:44 | 0:52:45 |
| 81 | 19 | 594 | Demeur Dominick | H +45 | | 0 8/09/69 | 11:28:48 | 0:52:50 |

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| Plaats | Plaats CAT | Nummer | Naam | Categorie | CLUB | Geb. Datum | Aankomst | Totale tijd | |
| 82 | 20 | 598 | Mercelis Dirk | H +35 | | 0 27/04/72 | 11:29:16 | 0:53:18 | |
| 83 | 21 | 611 | Linssens Jacques | H +35 | | 0 10/11/72 | 11:29:20 | 0:53:22 | |
| 84 | 20 | 509 | Poffé Ludwig | H +45 | DCLA-Halen | 30/08/62 | 11:29:23 | 0:53:25 | |
| 85 | 22 | 520 | Vandenbroeck Tom | H +35 | DCLA-Halen | 16/09/78 | 11:29:49 | 0:53:51 | |
| 86 | 21 | 540 | Peeters Gustaaf | H +45 | Knoet | 9/08/65 | 11:30:09 | 0:54:11 | |
| 87 | 20 | 563 | Truyens Stijn | H SEN | Glabbeekse Joggingclub | 12/06/85 | 11:31:08 | 0:55:09 | |
| 88 | 17 | 556 | Degeest Geert | H +55 | PEGASUS TIELT | 11/11/54 | 11:31:21 | 0:55:22 | |
| 89 | 22 | 567 | Vanden Bosch Rudy | H +45 | DEMARSIN | 2/10/63 | 11:31:22 | 0:55:23 | |
| 90 | 21 | 595 | Van Der Struyk Johan | H SEN | | 0 22/03/90 | 11:32:13 | 0:56:15 | |
| 91 | 3 | 603 | Beets Ludwine | D +55 | | 0 9/03/61 | 11:32:43 | 0:56:44 | |
| 92 | 18 | 531 | Mertens Hubert | H +55 | DEMARSIN | 4/09/51 | 11:33:02 | 0:57:03 | |
| 93 | 19 | 602 | Vrijs Rudi | H +55 | Mijn Hond Genk | 1/03/54 | 11:33:11 | 0:57:12 | |
| 94 | 20 | 543 | Sterckx Yvo | H +55 | | 0 16/12/50 | 11:33:33 | 0:57:34 | |
| 95 | 5 | 504 | Daniels Evy | D +35 | DCLA-Halen | 8/01/74 | 11:33:47 | 0:57:49 | |
| 96 | 21 | 606 | Grauwels Frederic | H +55 | | 0 3/03/86 | 11:33:48 | 0:57:50 | |
| 97 | 23 | 613 | Felique Christian | H +35 | DCLA Halen | 8/09/76 | 11:34:11 | 0:58:12 | |
| 98 | 4 | 617 | Vandeweyer Hilde | D +45 | ROBA Diest | 11/07/65 | 11:34:26 | 0:58:27 | |
| 99 | 5 | 534 | Hermans Roos | D +55 | TACT | 8/05/55 | 11:36:35 | 1:00:37 | |
| 100 | 6 | 573 | Schildermans Sara | D +35 | | 0 6/09/73 | 11:37:33 | 1:01:35 | |
| 101 | 7 | 558 | Bos Inge | D +35 | | 0 30/10/76 | 11:37:35 | 1:01:37 | |
| 102 | 24 | 561 | Vandijck Kristof | H +35 | | 0 4/12/71 | 11:37:39 | 1:01:41 | |
| 103 | 23 | 582 | Vandecruys Dirk | H +45 | DCLA | 21/07/71 | 11:42:38 | 1:06:39 | |
| 104 | 3 | 544 | Storms Carole | D SEN | | 0 27/10/86 | 11:42:51 | 1:06:53 | |
| 105 | 6 | 529 | Janssens Katia | D +45 | DCLA Leuven | 26/03/71 | 11:43:54 | 1:07:56 | |